



WELL-BEING ON THE WATER

The Nancy Oldfield Trust is a welcoming organisation, based in Neatishead, providing access to motor boat cruising, sailing, canoeing, and bird-watching for an enjoyable time out on the Norfolk Broads.

As part of our Well-being on the Water initiative we are offering anyone who has a cancer diagnosis, or is receiving palliative care (any diagnosis), to come and have a relaxing and peaceful time on the Broads. This is free of charge and includes a family member, or carer. Should more people want to join the trip this is possible for a small donation.

Some of our boats have been adapted to be fully accessible to accommodate mobility issues and other disabilities. We are able to accommodate wheel chairs and have hoists to assist with safe transfers on and off the boats if required. Trips will be facilitated by one of our staff or instructor volunteers, all of whom are DBS checked, and fully trained and insured.

If you are interested , or know someone who might enjoy a boat trip—on a motor cruiser or sailing boat— please give us a ring on 01692 630572 or send us an email to info@nancyoldfield.org.uk and mention 'Well-being on the Water'.

We look forward to hearing from you!

