

## Activity: Canoeing/Rafting

Reviewed on 02.1.20

Next Review 2.1.21

What are the hazards?	Who might be harmed and how?	What are you already doing?	Risk – L, M, H	Do you need to do anything else to manage this risk?	Action by whom?	Action by when?	Done
Drowning	Staff, Carers, Service users. During session falling overboard	Support boat covers canoeing trip. Trained and experienced instructor (staff or volunteer) in the canoe. Session overseen by staff Senior Instructor.	L	No			
Falling when getting in/out of the canoes	Staff, Carers, Service users. Minor injuries/slips/trips/falls	All service users & carers are offered assistance to get in/out and warned if slippery.	L	monitor first aid & Incident and near miss books (No reports in 2019)	Senior Instructor (SI) Instructors Manager		
Collisions/Crushing canoes in Dyke	Staff, Carers, Service users. During session. Capsizing, swamping, trapped limbs, drowning, minor injuries	A trained Instructor (staff or volunteer) will be in a support boat nearby or in the canoe to help avoid any collisions.	L	Monitor			
Hypothermia Heatstroke Sunstroke	Staff, Carers, Service users. Sickness/Fatality	Instructor to ensure adequate clothing being worn, monitor visitors' comfort, cutting short session if necessary. Advise on sun hats, hydration and sun protection. Carers are also responsible for the well-being of their clients.	L	Monitor first aid book/umbrella is available to use as sun screen if required	Senior Instructor (SI) Instructors Manager Carers		
Struck on the head with a paddle	Staff, Carers, Service users. During session, minor to moderate injury.	Instructor to warn visitors & carers of the risk. Staff & volunteers will issue paddles and if necessary restrict the use of them. First aid kit on the support boat and first aid bags are available for the canoes.	L	None monitor first aid book (No reports in 2019)	Senior Instructor (SI) Instructors Manager Carers		

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Summoning help if needed	Staff, Carers, Service users. Failure to summon aid may result in complications & compromised care.	SI/Instructors/Group Leaders are to ensure adequate Communication and Support Boat is available.	L	None (No accounts in 2019)			
Capsizing Swamping	Staff, Carers, Service users. See Collision & crushing canoes in dyke.	A trained Instructor (staff member/ volunteer) will be in a support boat nearby or in the canoe to help avoid collisions. If necessary the canoe will be towed to open water away from other vessels	L	None (No accounts in 2019)	Senior Instructor (SI) Instructors		
Adverse weather conditions	Staff, Carers, Service users.	See Advert weather Conditions Risk assessment.					