

## Activity Sailing (Generic)

Review on: 11.3.21

Next Review 2.1.22

What are the hazards?	Who might be harmed and how?	What are you already doing?	Risk – L, M, H	Do you need to do anything else to manage this risk?	Action by whom?	Action by when?	Done
Drowning / Severe Medical Emergency	Staff, Carers, Service users. NOT Instructors  During session – fatal injury or illness, falling overboard	Personal Flotation Device is compulsory. Support boat with lowering ramp in attendance for sailing activity. Trained crew on the boat. All crew have first aid training, defibrillators on the Ark, First Aid kit carried on all craft. SI carries a mobile phone to communicate with base, and a list of ambulance pick-up points are in the first aid kit	L	None but monitor	Senior Instructor / instructors Manager / Office staff		
Falling when getting in/out of the boat	Staff, Carers, Service users. NOT Instructors Minor injuries/slips/trips/falls Drowning trapped limb	All visitors are offered assistance to get on and off boats. All instructors (staff and volunteer) hold current first aid certificates	L	None but monitor	Senior Instructor / instructors		
Collisions	Staff Carers, Service users. NOT Instructors Minor to moderate injury Late return – unsettled visitors	All boats are skippered/supervised by an appropriately qualified Instructor who has current first aid qualification. Boats carry a first aid kit that includes a list of contact information to call for assistance from base	L	None but monitor	Senior Instructor / instructors Manager / Office staff		
Adverse Weather conditions	Staff Carers, Service users. Unsettled visitors sailing in windy conditions	The Senior Instructor and Centre manager make a decision on the advisability of starting or continuing sailing session if weather conditions demand.	L	None	Senior Instructor / instructors Manager / Office staff		
Cuts, grazes, crushing injuries	Staff, Carers, Service users. Minor to moderate injury.	All boats carry first aid kits, and all instructors (staff and volunteer) are qualified First Aiders. Advice on Weil's disease given to service users and carers. Verbal warnings are given to visitors and carers when boat approaches mooring,	L	None but monitor	Senior Instructor / instructors		

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Hypothermia	Staff, Carers, Service users. Fatal if left untreated	Wet weather clothing is available and will be issued as necessary, also see winter sailing risk assessment	L	None	Senior Instructor / instructors		
Sunstroke / Sunburn	Staff, Carers, Service users. Minor to moderate injury.	Advice on clothing and sun protection is given before activity begins.	L	None but monitor	senior Instructor / instructors Manager / Office staff		
Hit on the head by boom or gaff	Staff Carers, Service users. NOT Instructors Minor to moderate injury	Crew will advise all passengers to remain seated, guest hoisting or lowering gaff, must be under close supervision of an instructor. At all times. Any incidents must be entered into the first aid book and the injured individual kept under observation	L	None Monitor	Senior Instructor / instructors		
Hoisting	Staff Carers, Service users. NOT Instructors Minor injury	Hoist is only operated by trained Instructors.	L	None	Senior Instructor / instructors		
Capsizing	Staff Carers, Service users. NOT Instructors Minor to moderate injury / Drowning	Senior Instructor will make a decision about the advisability of starting or continuing a session depending on weather conditions, the safety boat will also be in attendance	L	consider use of or removing jam cleats on some boats. keep under review for 2019	Senior Instructor / instructors		
Summoning Assistance	Staff Carers, Service users. NOT Instructors	S.I. has a mobile phone and radio. and can access any emergency ambulance pick up points or boatyards. Radios for line of sight contact. Operating area defined and agreed at start of session. Defibrillator available on Ark or support boat.	L	None but monitor (none in 2018)	Senior Instructor / instructors Manager / Office staff		

INFORMATION FROM THE RYA WEBSITE

### **C5.5 Course supervision**

All training activities should be supervised by an appropriately qualified RYA Senior Instructor (SI).

**UK Centre only:** Provided the Chief Instructor is completely confident that standards of safety and tuition will be maintained on the day, they may occasionally delegate a single group to a suitably trained and experienced instructor. This instructor must have been trained in the procedures at the site and be competent to run the session. However, a Senior Instructor should be on site when a centre is running more than one sailing group simultaneously.

Nancy Oldfield. Will have a list of approved instructors